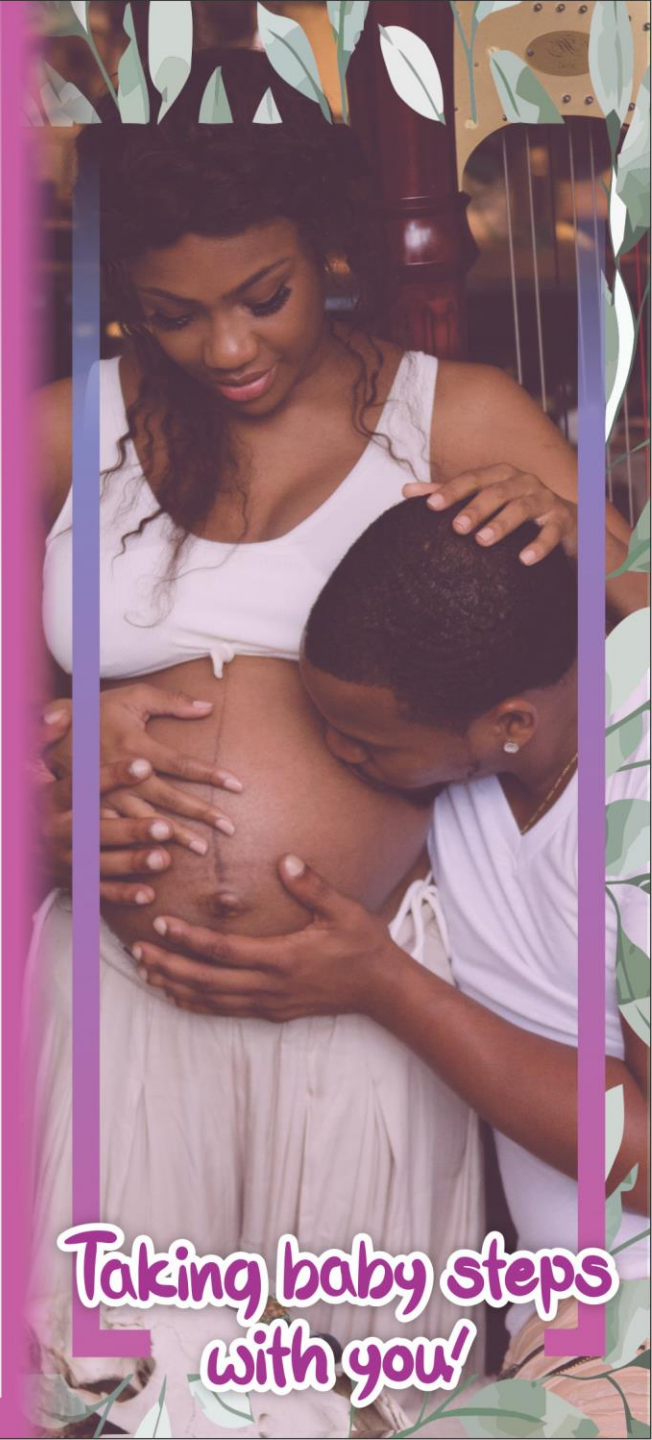


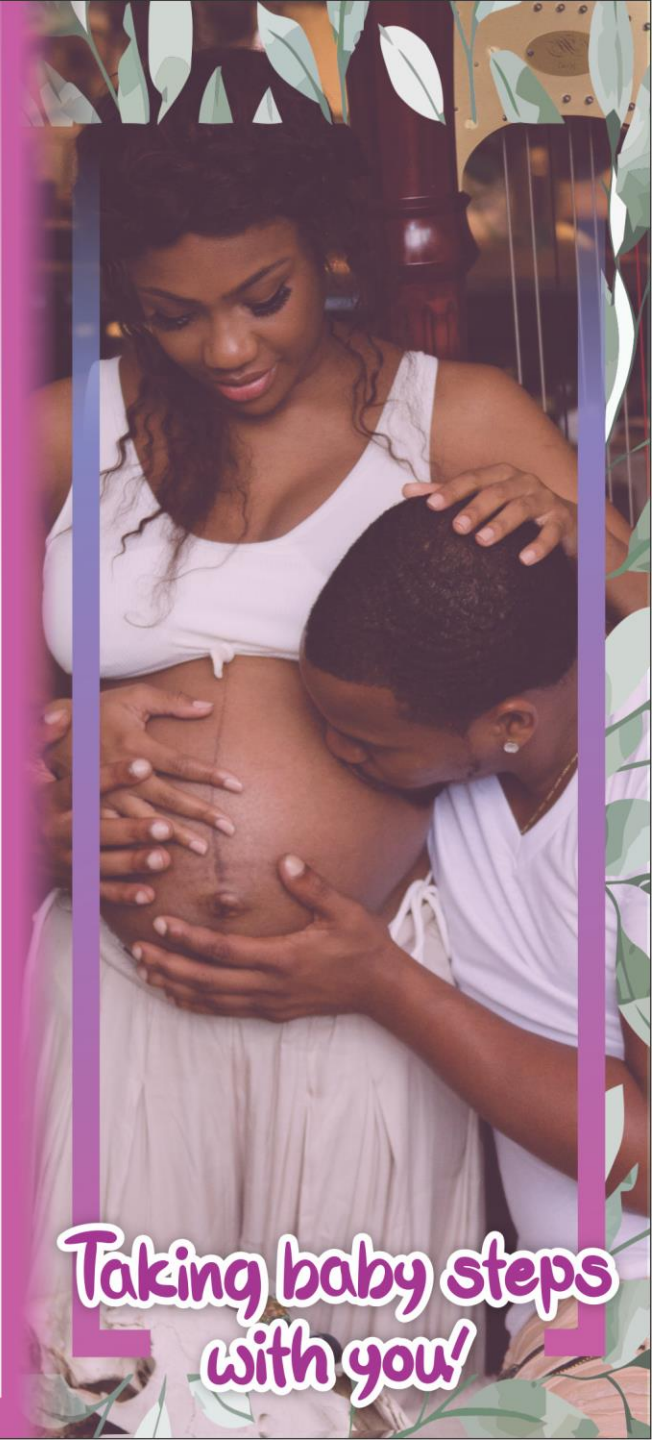
CHILDHOOD MILESTONES



*Taking baby steps
with you!*

DEVELOPMENTAL MILESTONES

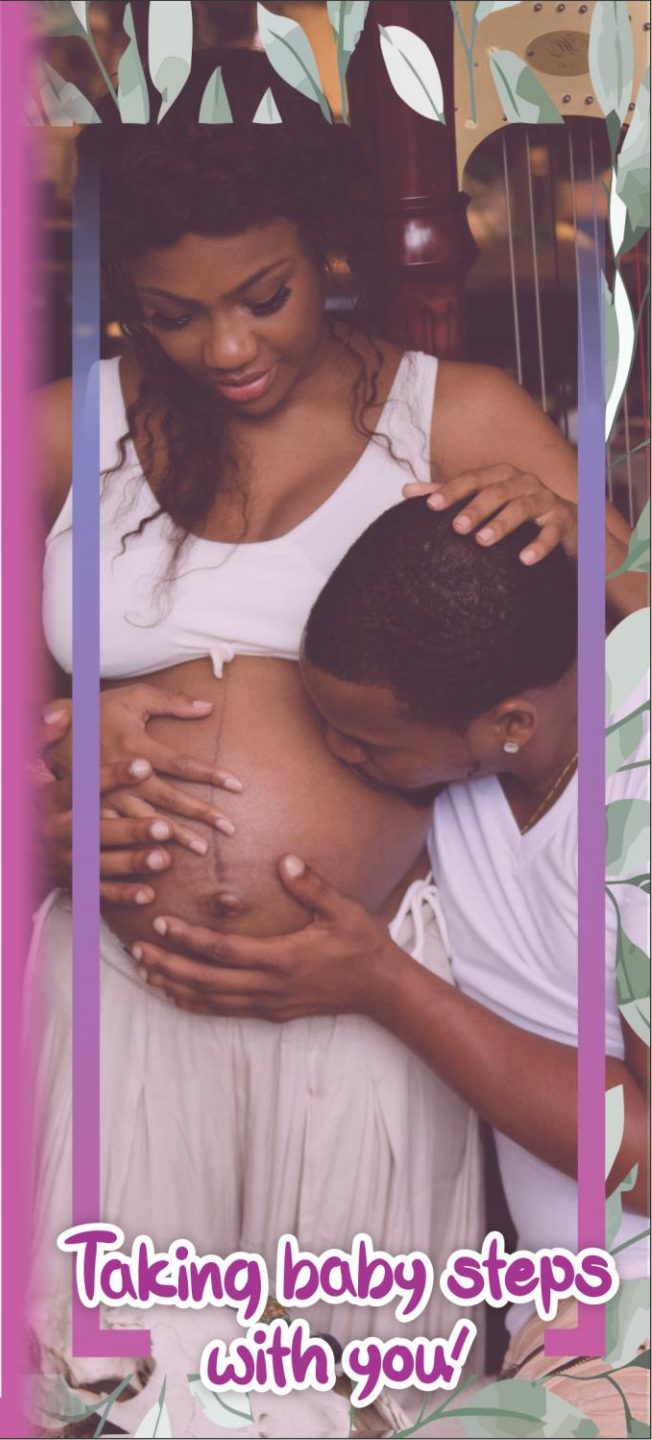
- Behavioural or physical skills
- Core skills



*Taking baby steps
with you!*

MILESTONES

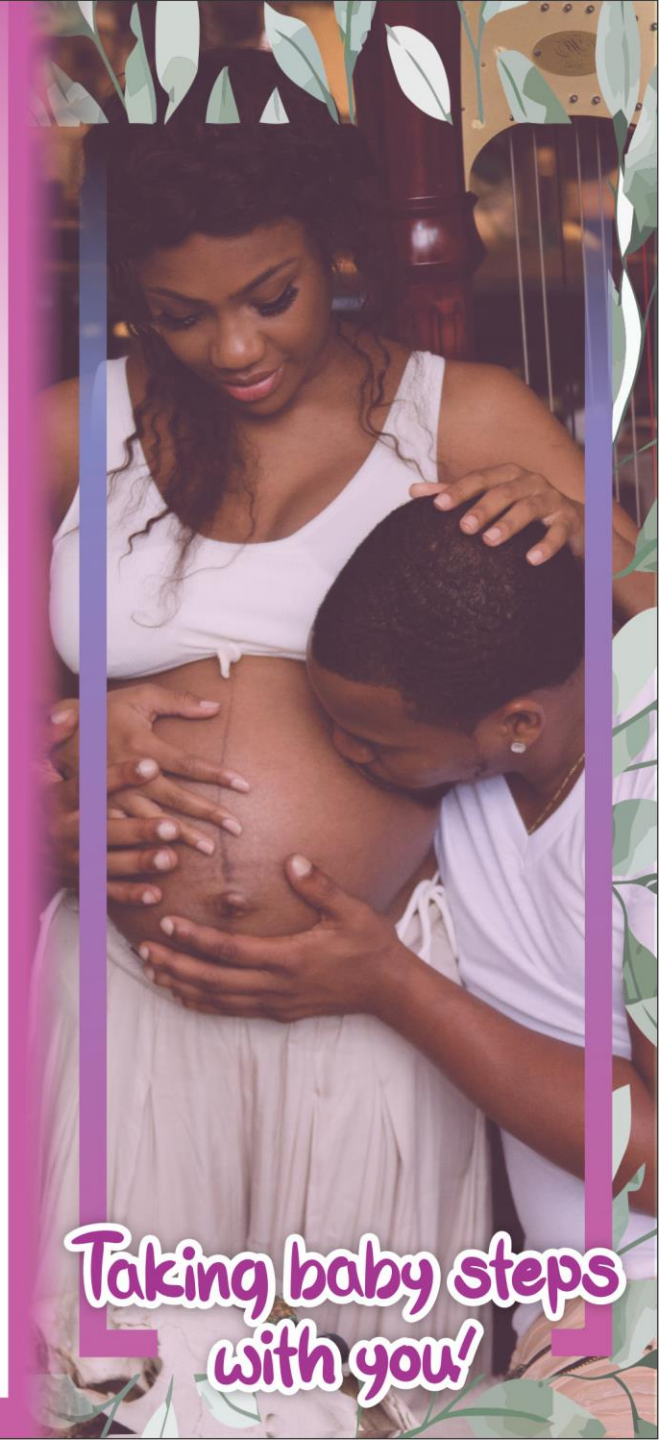
- Motor: Gross motor skills and fine motor skills
- Sensory
- Communication: language
- Feeding



*Taking baby steps
with you!*

IMPORTANT TO NOTE!

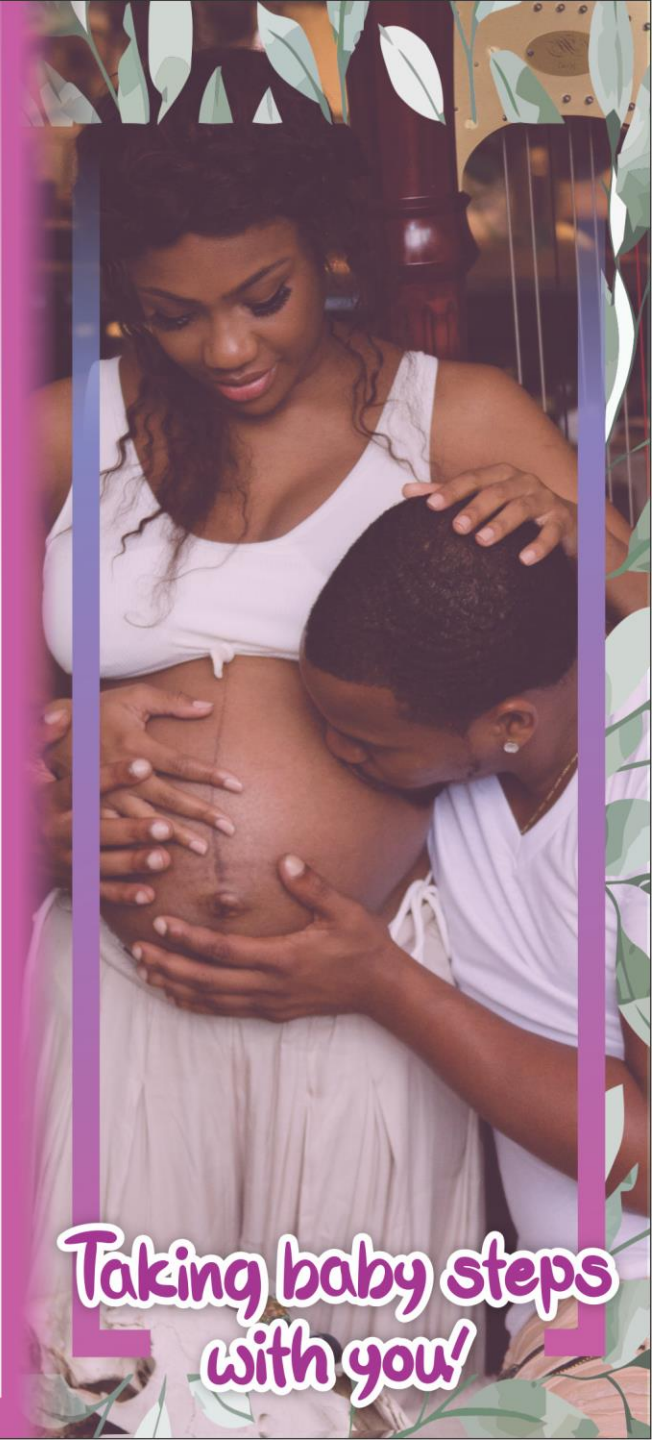
- Babies are different
- Adjust for prematurity



*Taking baby steps
with you!*

IMPORTANT TO NOTE!

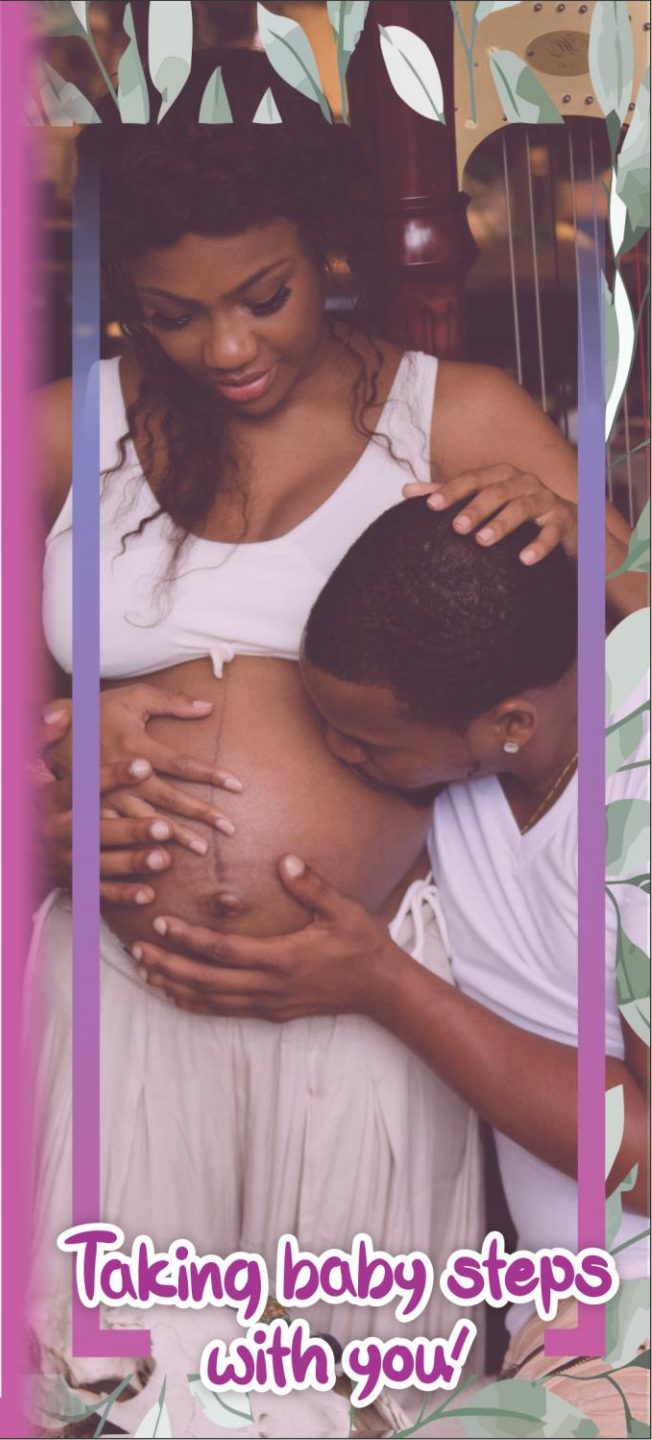
- **Motor:**
 - lying on tummy pushes up on arms
 - lifts and holds head up
- **Sensory**
- **Communication:**
 - cries differently for different needs
 - turns head towards sound/voice
- **Feeding:**
 - latches onto nipple/bottle



*Taking baby steps
with you!*

0 - 3 MONTHS

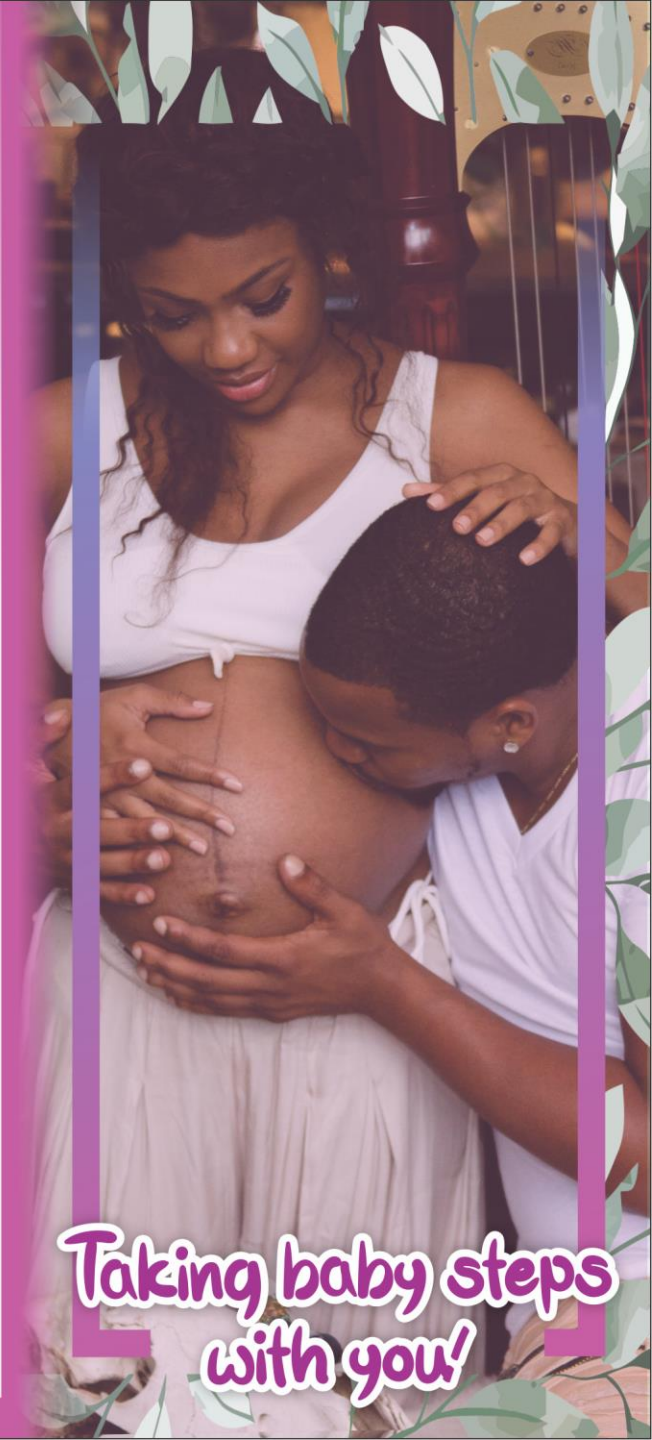
- **Motor:**
 - lying on tummy pushes up on arms
 - lifts and holds head up
- **Sensory**
- **Communication:**
 - cries differently for different needs
 - turns head towards sound/voice
- **Feeding:**
 - latches onto nipple/bottle



**Taking baby steps
with you!**

4 - 6 MONTHS

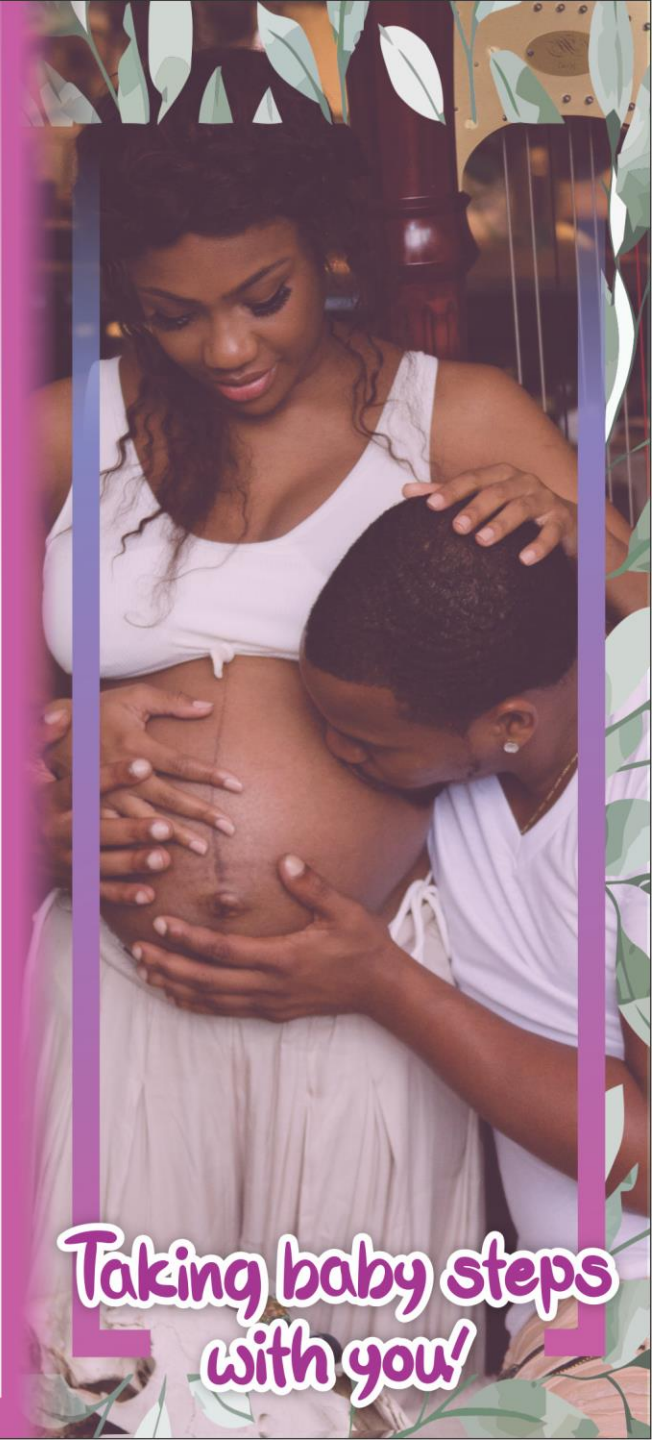
- **Motor:**
 - rolls from back to tummy
 - reaches for toys
 - play with feet
- **Sensory:**
 - explore toys
 - hands and objects to mouth
- **Communication:**
 - 'da da da'
- **Feeding:**
 - interest in food
 - opens mouth as spoon approaches
 - begins to eat solids



**Taking baby steps
with you!**

7 – 9 MONTHS

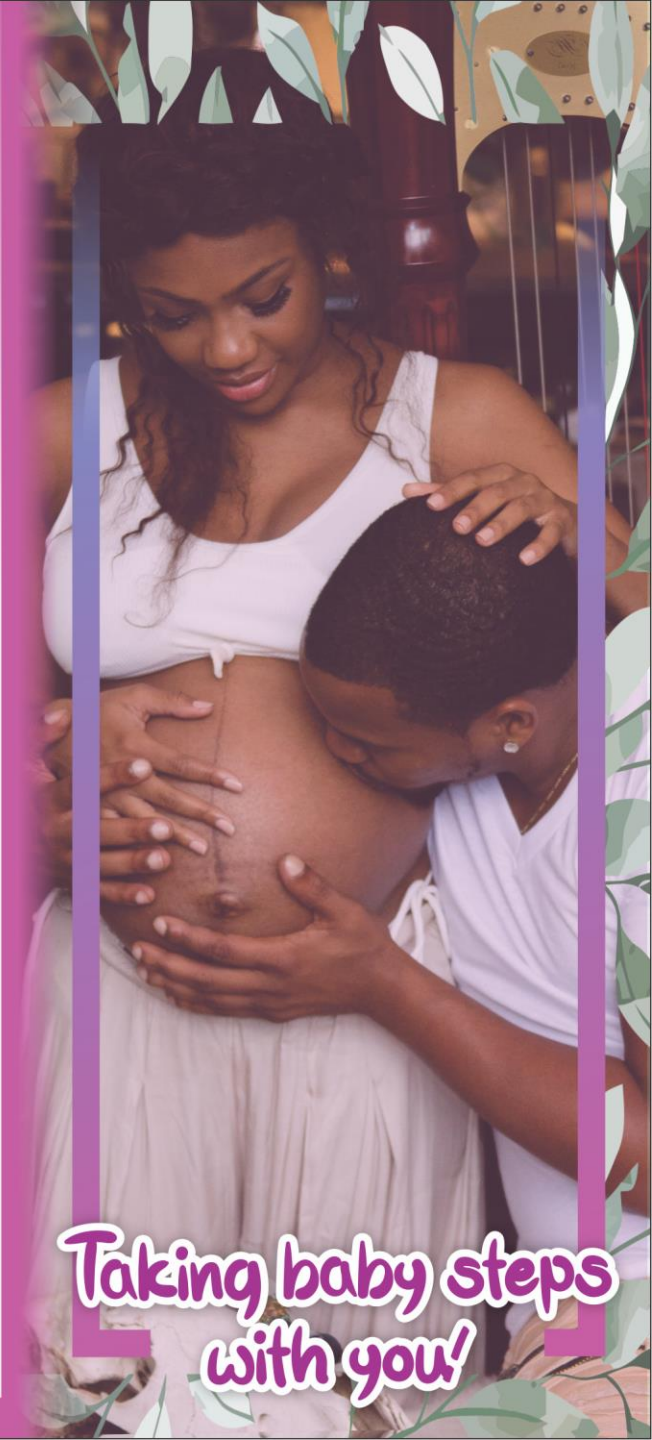
- **Motor: sits unsupported:**
 - starts to crawl
 - pulls to stand
- **Sensory:**
 - enjoys a variety of movements
 - explores objects
 - focuses on objects
- **Communication:**
 - increased variety of sounds
 - recognizes sound of their name
 - simple gestures



**Taking baby steps
with you!**

7 – 9 MONTHS...continued

- **Feeding:**
 - hold & drinks from bottle
 - eat thicker foods
 - enjoys chewing toys



Taking baby steps
with you!

10 – 12 MONTHS

- **Motor:**

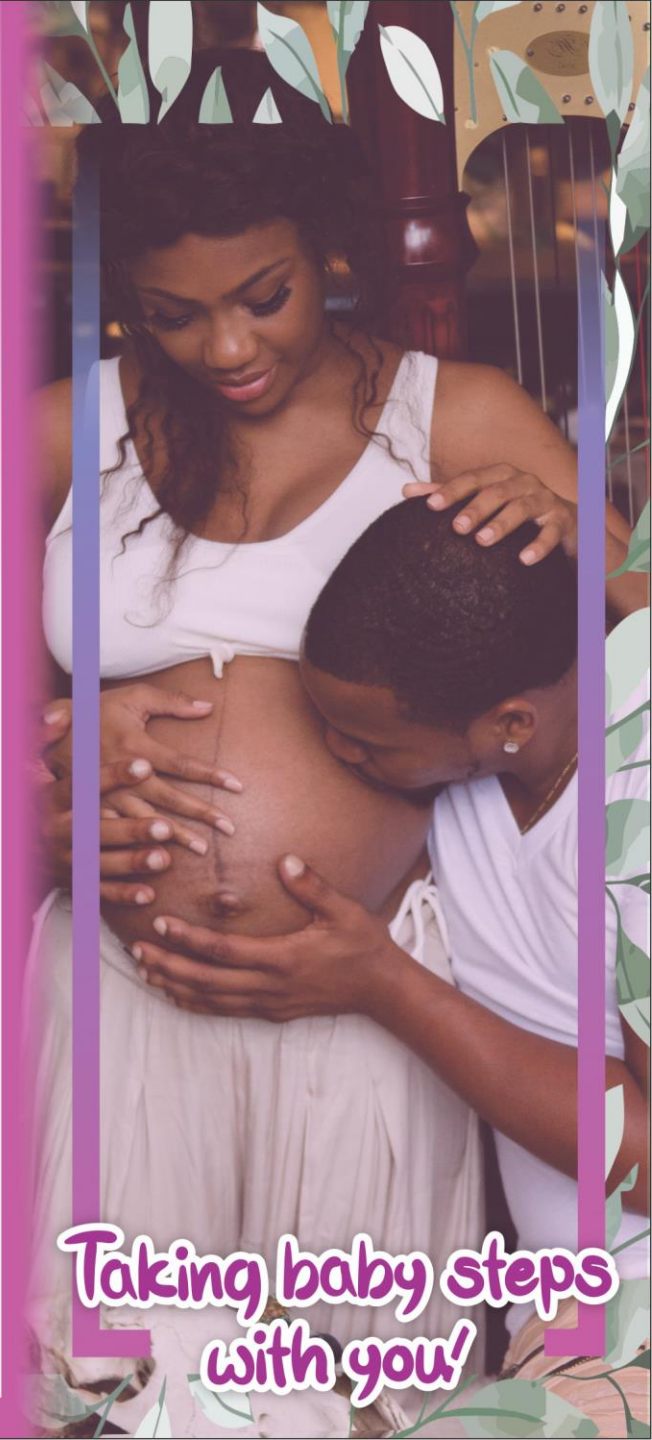
- stands alone
- walking
- clap hands
- thumb & pointer finger to pick up tiny objects

- **Sensory:**

- enjoys listening to songs
- explores toys

- **Communication:**

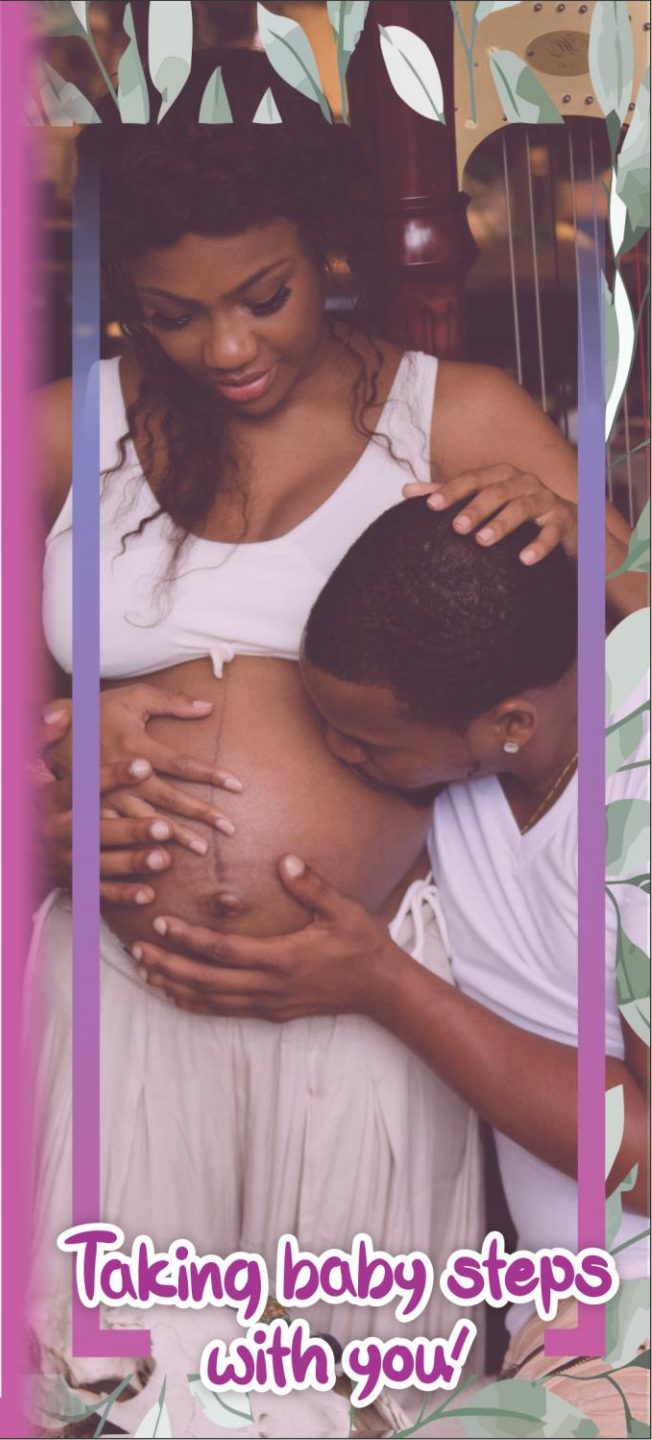
- 'Mama' 'Dada'
- responds to simple instructions
- 1 or 2 words



*Taking baby steps
with you!*

13 – 18 MONTHS

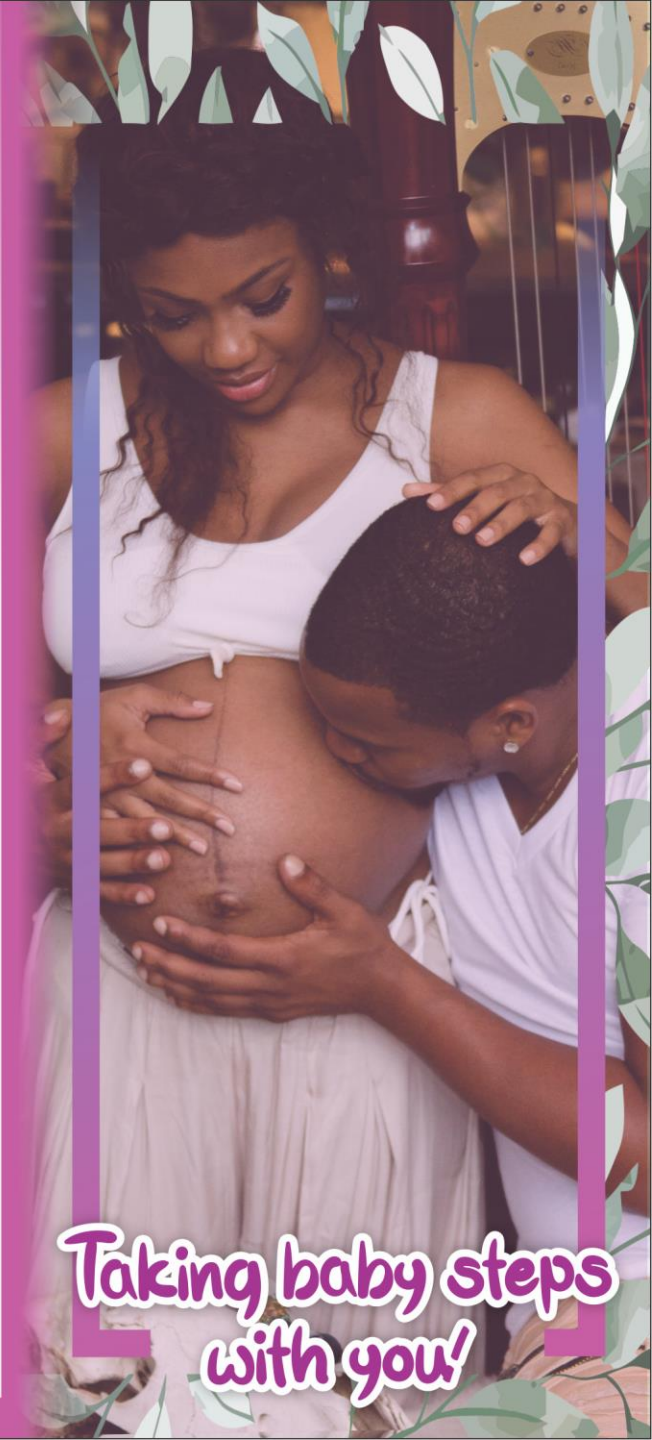
- Walks independently
- Helps getting dressed or undressed
- Regular sleep
- Eats variety of foods
- Identify 1 to 2 body parts



*Taking baby steps
with you!*













WHY???

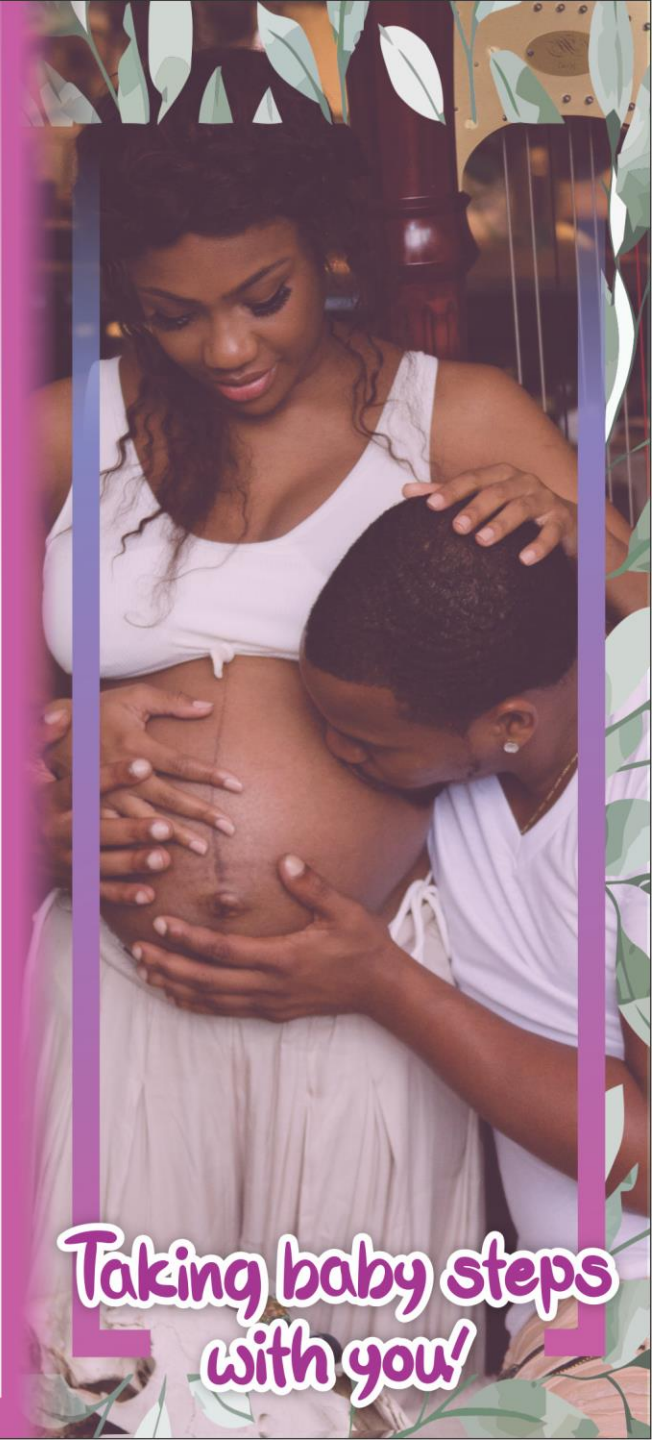
- Early detection and intervention critical & crucial
- **Medical conditions:**
 - neonatal encephalopathy
 - Muscular dystrophies
 - autistic disorders
- Every baby is different & milestones typically occur within a general age range



*Taking baby steps
with you!*

THE MILESTONES OF CHILDHOOD

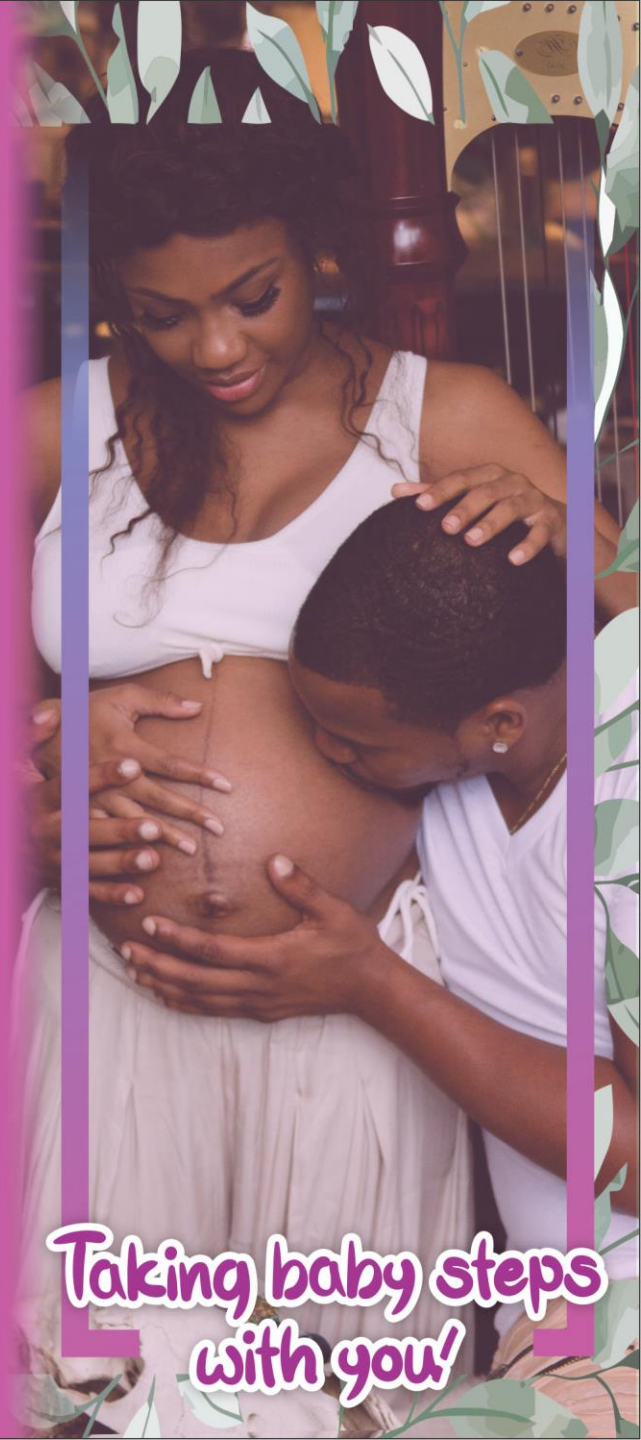
Newborn			
	Moro reflex	Marked head lag	Suspended: head drops and limbs hang down
6 weeks			
	Suspended: head in line and hips semi-extended	Places hand in mouth	Prone: moves head to side
3 months			
	Supports on forearms	Little or no head lag	Holds rattle when placed in hand
6 months			
	Lifts head and chest	Sits with support	Braces shoulders and pulls up to sit



Taking baby steps with you!

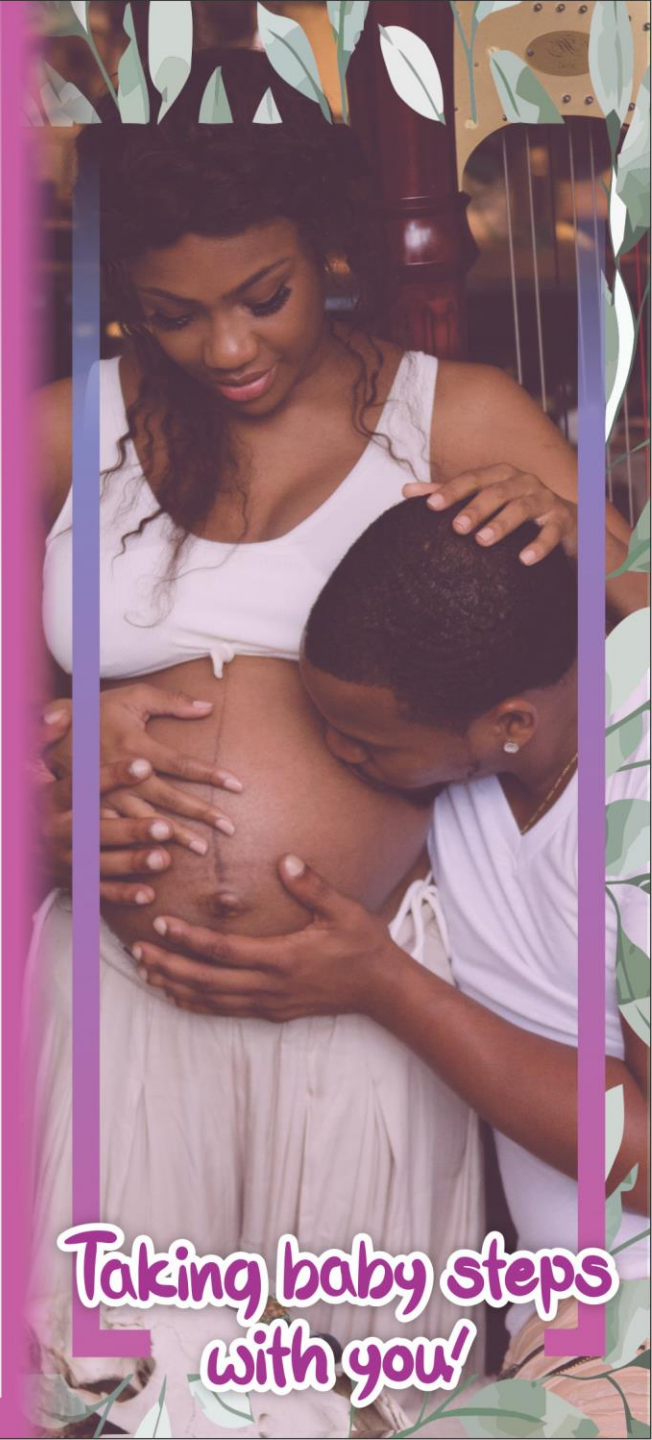
THE MILESTONES OF CHILDHOOD

9 months	 Starts to crawl	 Reaches out and holds cube	 Pulls up to stand	
12 months	 "Bear walks" with arms held high	 Finger feeds	 Drinks from a cup	 Holds object between thumb and forefinger
18 months	 Builds a two cube tower	 Creeps up stairs	 Looks at pictures in a book	
24 months	 Builds a six cube tower	 Walks well with arms down	 Builds a train with cubes	 Walks up and down steps



Taking baby steps with you!

Thank you



*Taking baby steps
with you!*