



Discharge information

Your valuables

Please ensure that you have all your valuables before you leave the ward.

Call your doctor if you experience:

- Abnormal heart rhythms, difficulty breathing or unusual shortness of breath.
- Rash, diarrhoea, dizziness, or persistent nausea or vomiting.
- Pain that is not relieved by pain medication.
- Excessive bleeding at the operative site.
- Any other health concerns that require immediate attention.



Recovering at home

- Take all medication as instructed.
- Do not discontinue any medication without instruction from your doctor.
- Keep all your medication in its original packaging and follow the storage instructions provided.
- Do not share your medication with anyone else.

Before you leave the hospital

1. Your treating doctor will authorise your discharge.
2. Please ensure that you have a follow-up appointment with your doctor if necessary.
3. You will be provided with discharge documents which you will need to sign before you leave.
4. Our nursing team will take the last set of vital signs.
5. Our nursing team will educate you on how to continue your healing process when you are home.
6. The medication that you were receiving while you were admitted may be given to you, subject to your doctor's instructions.
7. You may receive a new prescription to treat at home; please collect the medication at our pharmacy before you leave. The pharmacist will explain the use of the medication.
8. Please ensure that you know the name, dose, purpose, and side effects of your medication.
9. For medical aid patients, if necessary, information regarding your account will be communicated by the credit controllers after 30 days.
10. Private patients will be required to settle the outstanding amount on their accounts upon discharge; if refunds are due, the credit controllers will advise regarding the refund process.

**Wishing you a
Speedy Recovery**

